GYM BAG ESSENTIALS

Everything you need for a killer gym sesh!

☐ WATER BOTTLE	□ SNACK(S)
☐ RESISTANCE BANDS	□ LIP BALM
☐ MINI FOAM ROLLER	☐ TRAVEL - SIZE TOILETRIES
☐ WIRELESS EARBUDS	☐ MICROFIBER TOWEL SET
☐ ANKLE STRAP	☐ SHOWER SHOES
☐ EXTRA HAIR TIES	☐ DIRTY CLOTHES BAG
□ EXTRA EARBUDS	□ UMBRELLA
☐ PROTEIN SHAKER	□ BB CREAM
□ GUM	☐ DEODORANT
☐ TAMPONS	□ DRY SHAMPOO
☐ FACIAL WIPES	□ BODY SPRAY
COMBINATION LOCK	□ HAIRBRUSH